



BUSY BRAINS

ACTIVITY PACKS

Thank you so much for supporting my business this year.

I've created this printable document for you to enjoy*.

There are 24 simple activity ideas to suit a range of ages from 0-5. You can print and pop them in an advent calendar. Please make sure you supervise and/or substitute any ideas which are not appropriate for your child's age. I've included a blank page at the end so you can add or swap any of my ideas for your own. If you try any of the ideas I'd love to see - email me or tag me on social media using [#busybrainsactivitypacks](#)

I wish you all a very happy Christmas
and a much more normal new year!

Love Lauren xxxx

*Please feel free to share it, but don't forget to tag me.



Make a clothes peg wreath

Cut a ring from cardboard and clip pegs around it. Can they make a pattern?



Help Santa sort the presents



Collect objects from the house, wrap in foil and sort by size or weight. Can they guess what's inside?



Make family baubles!

Print photos of family members and stick onto a circle template. Have child find different people



Christmas treasure basket



Collect Christmas items that are safe for your baby. Put them together in a box to explore



DIY wrapping paper

Use Christmas shaped cookie cutters dipped in paint and print a design onto brown paper



Turn Mummy into a snowman!



Wrap a family member up in toilet roll!



Christmas playdough

Make your own scented playdough by adding cloves, ginger and cinnamon



Make bead candy canes



Alternate threading red and white beads onto a pipe cleaner. Bend into shape.

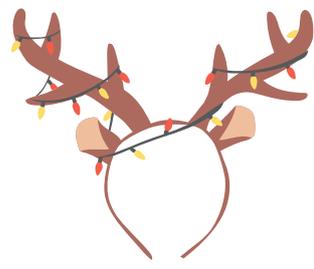


Ice painting

Freeze water in a plastic box to make a flat 'page'. Paint onto ice. Sprinkle salt on top to create patterns



Pin the nose



Adapt the classic pin the tail on the donkey to pin the carrot nose on the snowman



Role play

Rehearse Christmas Eve through imaginary play. Pretend to be Santa delivering presents



Christmas cracker



Write your child's name on a picture of a cracker before cutting it up so they can put it back together like a jigsaw



Shape pictures

Use circles of different sizes to make snowmen pictures and triangles to make penguins



Bake



Involve your child in cooking gingerbread or mince pies. Let them measure, roll and cut the dough



Sing and add actions

Make time to sing the classics with your little one. Add signs so young ones can join in



Roll a Snowman



Assign each part of a snowman to a number on a dice. Who can roll the right numbers to draw a snowman?



Window tree

Stick a tree shape on a glass window outside. Child then sits inside sticking foam circles to the window using water



Bauble letters



Write letters onto coloured sticky dots. Say and match the correct 'bauble' to letters you've drawn on a tree picture



Finger painting

Paint a string of fairy lights with each fingerprint making a different coloured light



Christmas story



Share the Nativity story using paper pieces, finger puppets or small figures. Your child could retell it too

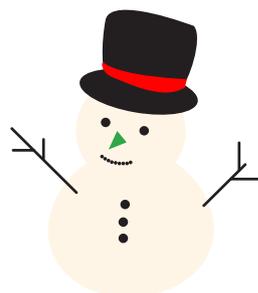


Christmas foods around the world

Find out about Christmas traditions and foods around the world



Make snow



Mix equal parts cornflour and bicarbonate of soda. Add drops of water to form a snowball

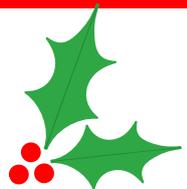


Bowling

Stack disposable cups into a triangle (tree) shape tower. See how many you can knock down. Keep score.



Write a letter to Santa



Multiple templates can be found online and printed to support younger children



Merry
Christmas

